

Arbonne's Energy Fizz Stick



- Increases and sustains energy naturally
- **Increases your metabolism**
- Delivers a state of well-being
- **Reduces Cravings and curbs your appetite**
- Assists in alkalinizing your blood levels
- **Helps balance your blood sugar**
- Increases focus, concentration, & memory
- **Convenient, easy to transport, use, and share.**
- No artificial colors, sweeteners, or flavors
- **13 calories per serving**
- 2 Flavors - Citrus and Pomegranate

Key Ingredients that are Unique and Exclusive

- **Green Tea** - standardized to 40% egcg (Epigallocatechin Gallate) to create a powerful antioxidant that has the same amount in every single packet. When you combine this with caffeine, it creates thermogenesis.
- **Guarana** - increases your energy levels, reduces fatigue, promotes weight loss, controls appetite. Also has 50 mg of caffeine to combine with the green tea.
- **Panax Ginseng** - an adaptogen that delivers feel good properties. Promotes weight loss, relieves stress, and is a tonic for well-being.
- **Rhodiola** - an adaptogenic herb that supports well-being
- **Taurine** - When you aren't selecting the right foods to eat, your body isn't getting proper nutrients and you don't feel as energized. This helps with nutrient assimilation and will help your body utilize the nutrients you do get from food.
- **Chromium** - trace minerals to help control hunger
- **B Vitamin Complex** - unique blend to create and utilize energy and nutrient metabolism:
 - Riboflavin
 - Niacin
 - Vitamins B6 & B12
 - Pantothenic Acid
 - Sodium
 - Potassium

How to Use: Add 1 stick to 10-20 oz. of room temperature water and stir. When using a water bottle, remove several ounces then add contents of the fizz stick. Do not pour into a full water bottle as fizzing could cause an over-flow. Once dissolved, add ice or refrigerate for a refreshing drink. Enjoy 1-3 times per day when you feel tired. Make at night and place in the fridge for a quick pick-up-and-go drink as you run out the door in the morning.