

Arbonne Essentials® Energy Fizz Sticks, Pomegranate



High-energy fizz sticks help promote alertness and enhance cognitive performance,[⊖] and also help promote endurance and enhance motor performance.[⊖] Contains antioxidants. Contains an adaptogenic blend combined with B vitamins and chromium to help boost energy.[⊖]

RECOMMENDED FOR: Helping to provide a boost of energy[⊖]

DIRECTIONS: Add 1 stick pack to 8 oz. of water and stir. Do not pour into a full water bottle as fizzing could cause an overflow. If necessary, remove several ounces then add contents of stick pack. Allow powder to completely dissolve and enjoy. Once dissolved, add ice or refrigerate for a refreshing drink. Enjoy 2–3 times per day when you feel tired.



[⊖]These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

Supplement Facts

Serving Size 1 stick pack (6.1 g)
Servings Per Container 20 stick packs

	Amount Per Serving	% Daily Value [†]
Calories	13	
Total Carbohydrates	2 g	
Sugars	<1 g	**
Riboflavin	3 mg	176%
Niacin (as niacinamide)	10 mg	50%
Vitamin B6 (as pyridoxine hydrochloride)	2 mg	100%
Vitamin B12 (as methylcobalamin)	6 mcg	100%
Pantothenic Acid (as calcium pantothenate)	5 mg	50%
Chromium (as chromium polynicotinate)	60 mcg	50%
Sodium (as sodium carbonate and sodium bicarbonate)	258 mg	11%
Potassium (as potassium bicarbonate)	170 mg	5%
Proprietary Get Up-and-Go Blend	410 mg	**
Guarana (<i>Paulina cupana</i> , 22% caffeine), Green tea (<i>Camellia sinensis</i> , 90% EGCG) (leaf) extract powder, Taurine (as L-Taurine), <i>Panax ginseng</i> (root) extract powder (20% ginsenosides), <i>Rhodiola rosea</i> (root) extract (10% Rosavins)		

[†]Percent Daily Values are based on a 2,000 calorie diet.

**Daily Value not established.

OTHER INGREDIENTS: citric acid, natural cane sugar, natural flavors, stevia, natural color, magnesium oxide.